AUGUST 2026

KATY/FULSHEAR

living MAGAZINE



30 Years of Trusted Care

MASON PARK MEDICAL CLINIC

2026 best of

READERS' CHOICE

WINNERS

GROWING WITH THE COMMUNITY

THREE DECADES AFTER OPENING ITS DOORS, DR. QUYEN TRINH AND HIS TEAM CONTINUE TO EXPAND THEIR VISION



BY **CHERYL RICER**
PHOTOS BY
KELLEY SWEET PHOTOGRAPHY

For 30 years, Mason Park Medical Clinic (MPMC) has been a trusted healthcare partner for families throughout Katy and Fulshear. While medicine has evolved dramatically over the decades, the practice's mission has remained the same: putting patients first.

That philosophy has earned Dr. Quyen Trinh, managing physician at MPMC, repeated recognition as *Living Magazine's* Best Family Practice. For Dr. Trinh, however, awards are simply the result of consistently delivering compassionate, comprehensive care.

"Patient care comes first at our clinic," he said. "Our focus is helping every patient achieve their optimum health."

As MPMC celebrates its 30th anniversary in 2026, the practice continues to grow—welcoming new patients, expanding services and introducing innovative technology that supports wellness at every stage of life.

MORE THAN TREATING SYMPTOMS

A board-certified family physician and doctor of osteopathic medicine, Dr. Trinh believes great healthcare begins with understanding the whole person—not simply treating symptoms.

"My philosophy is to make sure patients receive optimal care," he said. "It's not just about refilling medications. It's about understanding what's really going on."

That philosophy reflects osteopathic medicine's emphasis on prevention, lifestyle and identifying the underlying causes of illness rather than simply masking symptoms.

Comprehensive Family Care at Mason Park Medical Clinic

Patients Ages 7 and Up

- Annual wellness exams and preventive care
- Acute illness treatment
- Chronic disease management
- Diabetes and hypertension management
- Heart health and cardiovascular risk reduction
- Weight management
- Women's health
- Men's health
- Allergy evaluation and treatment
- Physical exams
- Diagnostic testing
- Laboratory services
- Preventive screenings
- Nutrition counseling
- Same-day sick visits (when available)
- Physician-supervised wellness programs

Also Onsite: LUXE Medical Aesthetics

- XERF skin tightening
- Cosmetic injectables
- Laser skin rejuvenation
- Medical-grade skincare
- Regenerative aesthetic treatments
- PRP therapies
- Chemical peels
- Wellness and IV therapies

"He truly partners with the patient," she said. "He's helping people improve their overall health, but patients also have to take ownership of that journey. That's where lasting results happen."

Dr. Trinh's commitment to preventive medicine is deeply personal. After losing both his mother and sister to cancer, he became passionate about helping patients identify health concerns early and take proactive steps toward healthier lives.

CARING FOR GENERATIONS

Perhaps the greatest testament to MPMC's success is the lasting relationships it has built throughout the community.

"I've seen grandparents, their children and now their grandchildren," Dr. Trinh said. "We've become a multigenerational family practice."

Those relationships continue to grow through referrals from family members, friends and neighbors, creating a practice built on trust.

Even after three decades, MPMC continues welcoming new patients ages seven and older while providing comprehensive family medicine, preventive care, chronic disease management and wellness services under one roof.

"Even though we're a larger practice today, we'd love for more people in the community to become part of our family," Angela said.

WHOLE-PERSON WELLNESS

That same commitment to comprehensive care inspired the creation of LUXE Medical Aesthetics, the physician-led medical spa located within the clinic.

Rather than viewing aesthetics as separate from healthcare, the Trinhs see it as another component of overall wellness.

"If you look good, you feel good," Angela said. "Feeling confident about yourself can absolutely be part of your overall health."

Unlike many medical spas, every treatment at LUXE is performed under physician supervision by licensed medical professionals, including nurse practitioners and experienced nurse injectors.

"There's always a physician or nurse practitioner on site," Angela said. "Patients have the confidence of knowing they're receiving medically directed care."

LUXE offers a wide range of services, including injectables, laser skin rejuvenation, regenerative therapies, medical-grade skincare and wellness treatments designed to help patients look and feel their best.

INNOVATION WITH PURPOSE

One of LUXE's newest offerings is XERF, an advanced radiofrequency treatment that tightens skin, stimulates collagen production and improves skin quality with little downtime.

Angela sees innovations like XERF as a natural extension of the clinic's commitment to providing patients with the latest evidence-based treatments.

"We're continually expanding because healthcare is always evolving," she said. "When we find treatments that truly benefit our patients, we want to make them available right here in our community."



Instead of traveling elsewhere for advanced aesthetic procedures, patients can receive them from the same trusted medical team they've relied on for years.

LOOKING AHEAD

Thirty years after opening its doors, MPMC continues investing in new technology, expanded services and the future of patient care while exploring opportunities to serve additional communities.

"There is definitely a vision toward continuing to expand," Angela said. "We want to continue serving Katy while eventually bringing this same level of care to other areas."

For Dr. Trinh, however, growth will never change the practice's guiding principle.

"Everything we do begins with the patient," he said. "Helping people achieve their best possible health will always be our highest priority."

MASON PARK MEDICAL CLINIC
21770 KINGSLAND BLVD.
KATY, TX 77450
(281) 646-0740
MASONPARKMEDICAL.COM
:@MASONPARKMEDICAL

LUXE MEDICAL AESTHETICS
(833) 998-LUXE (5893)
THELUXEEFFECT.COM
:@LUXEMEDSPA_KATY