



## MASON PARK MEDICAL CLINIC & LUXE MEDICAL AESTHETICS

Quyen Trinh, DO

BY SANDY LOWE | PHOTOS BY CANDOR PICTURES

best of WINNER



**T**he time for New Year's resolutions may have passed, but it's never too late to take care of your health and to feel your best ever. Top Doc Dr. Quyen Trinh and his team have developed a weight loss program designed for success. Some of his patients have lost as much as 70 pounds on the program, and have voted him Best Local Weight Loss in Katy/Fulshear in 2023.

Dr. Trinh is a board-certified family practice physician serving the Katy community with 28 years of experience in practicing accountable care and evidence based medicine.

In his primary care practice Dr. Trinh saw how much illness and distress could be alleviated by focusing on weight management. Just losing weight could sometimes reverse chronic diseases like Type II diabetes, high blood pressure and high cholesterol.

Dr. Trinh's clinic, Mason Park Medical Clinic currently offers two injectable medications to help facilitate weight loss: compounded tirzepatide with niacinamide, a type of vitamin B3, and compounded semaglutide with vitamin B12. Although individual results may

vary, recent studies have shown that tirzepatide can help patients lose as much 15% on average and up to 36% of their body weight and semaglutide as much as 10% on average and up to 20% of body weight.

Since injectables may not always meet the needs and preferences of every patient Dr. Trinh's weight management program can include oral prescriptions such as phentermine and other oral supplements like HiPhenolic and L-Carnitine. HiPhenolic contains oral polyphenols such as lemon verbena, hibiscus flower, green coffee bean extract, and magnesium which help increase metabolism, maintain blood pressure, manage weight, and reduce hunger cravings. Similar to HiPhenolic, L- Carnitine boosts the metabolism. It is derived from amino acids and burns fat to produce energy. It's also an excellent way to improve overall heart health.

Dr. Trinh and his team will help you choose which option is best for you and walk with you all the way through the treatments until you've reached your weight loss goals. The program begins with a physical assessment and body composition analysis. Dr. Trinh's

monthly check-in ensures that patients are staying on track with their weight loss goals while maintaining a healthy diet and exercise routine.

### HERE'S WHAT PATIENTS HAD TO SAY:

"It's great to work with a provider who is just as motivated and excited about my weight loss journey as I am. I've lost 13 lbs in my first month. I feel great and look forward to continuing this program alongside such a welcoming provider and medical office."

"When I first came I was in bad shape. Dr. Trinh stood with me. He taught me how to lose weight. My medical health now is so awesome."

When you feel great, you want it to show. That's where LUXE Medical Aesthetics comes in. Dr. Trinh's wife, Angela Trinh and her experienced team will help cultivate confidence through advanced treatments paired with exceptional service.

LUXE Medical Aesthetics offers a wide variety of services purposefully curated to meet the unique needs of each client, regardless of skin types or age. From acne to anti-aging, LUXE's experienced staff



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can guide you through a personalized treatment plan based on your individual goals.

LUXE holds an outstanding Google rating as well as winning Best Medical Spa in Living Magazine's Readers' Choice awards in 2022 and 2023 and Best Laser Hair Removal in Living Magazine's Readers' Choice awards in 2023.

LUXE offers a comprehensive range of advanced treatment options for countless skin concerns such as acne, wrinkles,

loose skin, hyper-pigmentation, acne scars and hair loss. Options are available to help patients overcome the problem areas that cause self-consciousness or detract from natural beauty.

LUXE offers all the state-of-the-art services you'd expect from a first-class spa.

Those services include cosmetic injectables, medical grade chemical peels, non-ablative skin resurfacing treatments, microneedling, laser hair removal, massage, a range of IV hydration therapies, and much more.

Dr. Trinh oversees all the LUXE services to ensure the best health and vitality for each patient. Team members welcome guests warmly and offer every option to keep them comfortable. Relaxation and peace of mind come with every service.

LUXE'S patients also cannot say enough about the first-class treatment they received.

"I only wish I had done this sooner—such amazing results: acne scars much reduced, under-eye circles mostly gone, one red pore that was highly visible is gone, skin is evenly toned and pinker! The staff at LUXE are truly the best."

"From booking to the appointment itself, everything went smoothly! They took the time to answer my questions and to explain the procedure every step of the way and I loved my results! Will be coming back for my next appointment...!"

Mason Park Medical Clinic and LUXE Medical Aesthetics combine to provide the patients with the best of both worlds.

### MEDICAL WEIGHT LOSS PROGRAM

- Physical assessment and Body Composition Analysis
- Monthly one on one consultation
- Blood work, if indicated
- Weekly injections and/or oral medication
- Healthy diet and lifestyle changes
- Unlimited nurses visits

### LUXE MEDICAL AESTHETICS' SERVICES

- Aesthetic Facial Services
- Cosmetic Injectables
- Hair Restoration
- Laser Skin Rejuvenation
- Skin Tightening
- Laser Hair Removal
- IV Hydration
- Massage Therapy
- Medical Grade Skincare
- Laser Vein Therapy
- Medical Weight Loss

### CONTACT

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