



MASON PARK MEDICAL CLINIC

Dr. Quyen Trinh

A PATIENT-FIRST TOTAL HEALTH AND WELLNESS CENTER

Mason Park Medical Clinic has been leading the way in Katy's medical excellence and technology for over 26 years. What started as a private practice in 1996 has now become a highly-regarded, all-inclusive clinic led by board-certified family medicine physician Dr. Quyen Trinh. His compassionate approach and warm demeanor, coupled with his expertise and knowledge, allow Dr. Trinh to earn his patients' trust as well as their friendship. From primary, preventative, chronic, and virtual care to value-added services including on-site lab services, physical therapy, allergy, and nutrition services, Dr. Trinh and his staff have your medical needs covered in one location and take a holistic approach to your healthcare. "We are a patient-first family practice and work to get to the root cause to help our patients." They believe strong, trustworthy patient-doctor and patient-staff relationships allow them to better assist you in reaching your ultimate health goals.

As the Managing Physician at MPMC, Dr. Trinh took over the clinic's leadership in 2019 from his late sister, Dr. Trang Trinh, who originally established the clinic. "The amount of time my sister spent building up this practice was immense," Dr. Trinh explains. "I take great appreciation in honoring her legacy and serving the Katy community." Dr. Trinh was a practicing physician and partner at Kelsey-Seybold Clinic in Houston prior to taking over as managing physician at MPMC.

Dr. Trinh's family has played a pivotal role in shaping his professional career. Raised in Vietnam, he and his siblings fled with their parents to the United States in 1976 after the fall of Saigon, eventually settling in Houston. As immigrants, his parents' hard work and determination to provide for their family significantly impacted the Trinh children. They instilled a strong work ethic and values for success. When their mother lost a hard-fought battle with cancer, witnessing the ravages of the disease firsthand was the impetus for them to excel in their respective fields. Three of the children, including Dr. Trinh, received medical degrees, while the fourth works in finance on Wall Street.

DOCTOR AND PATIENT TEAMWORK

Dr. Trinh's medical approach focuses more on holistic methodology – not just treating a patient's symptoms but evaluating the whole body. "We strive to get to the root cause of pain and illness, with patients' best health as the

goal," Dr. Trinh says. His proven skills in diagnosing and treating a broad range of ailments make him a trusted professional among patients and the community. "I'm always looking out for my patients' best interests, educating them on their present conditions, and explaining the need to take ownership of their health," he explains. "My patients and I work together as a team, treating and alleviating health problems for an improved quality of life."



The practice currently has four providers including Dr. Trinh. Jenny Phan, PA-C celebrated her 6th year at the practice and is fluent in both Vietnamese and English. Saba Zabarrah, FNP-C is a board-certified family nurse practitioner and is a patient favorite, speaking both Arabic and English. The practice welcomes Shara McKinley, FNP-C, a board-certified family nurse practitioner with over 20 years of diverse nursing experience. Together the providers work to offer first-rate care, ensuring that all patients are able to meet their medical and lifestyle goals.

ANNOUNCING THE OPENING OF LUXE MEDICAL AESTHETICS

Dr. Trinh's wife and MPMC's Director, Angela, launched their new, luxurious medical spa. LUXE Medical Aesthetics offers laser treatments and microneedling, skin and hair rejuvenation, injectables, IV infusion therapy, medical-grade chemical peels, and therapeutic massages.

"Everything is located in-house for patients' convenience, offering total health and wellness from the inside out," Angela says. The spa is located on the clinic's premises.

Dr. Trinh graduated from the University of Houston with degrees in biology and chemistry and earned his Doctorate of Osteopathic Medicine from the University of Medicine and Biosciences in Kansas City, Missouri. He completed his residency program at the University of Texas Medical Center, Houston, and is a member of various medical associations. His hobbies outside the office include fast cars and playing golf any chance he can get. He and Angela both admit, "We're big foodies." They love to travel and experience different cultures and cuisines, citing Paris, France, as one of their favorite destinations.



CERTIFICATIONS, AWARDS AND ASSOCIATIONS

- Board Certified in Family Medicine
- Certified by American Academy of Facial Esthetics
- Certified in Basic Life Support and Advanced Cardiac Life Support (ACLS)
- Recognized by NCQA (National Committee in Quality Assurance) in Diabetes
- Management/Care and Hypertension Management/Care
- Texas Top Doc Recipient 2021
- Awarded Top Doctor 2021 by "Texas Magazine"
- USA Top Docs, TX Top Doc Recipient 2020, 2021 and 2022
- Named America's Best Doctors in 2021
- Awarded Best Sleep Doctor/Specialist, Reader's Choice, 2021 Living Magazine
- Member of Texas Academy of Family Physicians
- Member of Texas Medical Association
- Member of Harris County Medical Society
- Member of American Medical Association
- Member of American Osteopathic Association
- Member of American Academy of Facial Esthetics
- Member of American Med Spa Association

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